



*Module 2 Worksheet  
Let's Go on a PEI Vacation!*

As with any new skill, it is important to practice using your Memory Path. You can create your own lists, but here is a favorite one of mine you can try. I look forward to our PEI vacation every summer and I've created a list of items that we always bring. Give it a try!

Remember, the more detailed and unique the associations, the easier it is to remember. So, put these items in your memory path, and when you are ready, turn over this sheet and write down what you can remember. Good luck!

1. camera
2. bird book
3. rubber boots
4. kite
5. beach towels
6. frisbee
7. bicycle
8. sun hat
9. hiking boots
10. umbrella
11. bug repellent
12. bathing suit
13. flashlight
14. water bottle
15. binoculars

---

How did you do? Miss an item? Use it as a learning opportunity and think about why that particular association may not have worked for you. Try it again, or try a longer list if you feel ready. This skill takes practice or we would all be memory Olympians!